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General Circular No: 08-174/2013

All Provincial Directors of Health Services

All Regional Directors of Health Services

All Heads of Decentralized Units

Directors of Teaching Hospitals

Director NIHS

All Medical Superintendents/ District Medical Officers /Medical Officers in charge

All Heads of Institutions

Guidelines on ensuring availability of essential drugs for the management of Non Communicable Diseases (NCD) at healthcare institutions

The lack of essential drugs has been identified as a major drawback in the provision of optimum care to those who seek care at health care institutions in Sri Lanka.

Further to the circular dated 2013.01.15 bearing number 02 – 25 / 2013 on Guideline for the Establishment of Healthy Lifestyle Centres (HLC) in Healthcare Institutions you are hereby requested to ensure that adequate buffer stocks for two months based on annual estimates of all identified essential drugs (Annex I), glucometers, glucometer strips, lancets, stediometers, blood pressure apparatus and SICA weighing scales are available in all institutions under your administrative purview with immediate effect. Please instruct all relevant personnel to include the requirements in the annual estimates as well.

In addition, please take necessary action to monitor and evaluate the availability of the items mentioned above on a regular basis which will ensure the provision of optimum NCD care to

all clients and patients who seek the services at healthcare institutions.

Dr.P.G.Mahipala

Director General of Health Services

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List of priority drugs to manage Non Communicable Diseases at Primary Level Healthcare Institutions as finalized on 12th August 2011

S/N	Drug
1.	Adrenaline tartrate - 0.1% injection 1 ml ampoule
2.	Aspirin - Tablet 100 mg
3.	Atenolol - Tablet 50 mg
4.	Atorvastatin - Tablet 10 mg
5.	Beclomethasone diproprionate - Aerosol inhaler – 50 μg metered dose, 200 dose Unit MDI - Dry powder capsule for breath induced device, 100 μg DPI & 200μg DPI
6.	Chlorpheniramine maleate (Chlorpheniramine) - Injection: 10 mg in 1 ml Ampoule - Tablet: 4 mg
7.	Enalapril maleate - Tablet 5 mg
8.	Frusemide - Injection: 20mg in 2 ml Ampoule - Tablet 40mg (Furosemide)
9.	Glibenclamide - Tablet 5mg
10	Glyceryl trinitrate - Tablet 0.5mg sublingual
11	Hydrochlorothiazide - Tablet 25 mg
12	Hydrocortisone hemisuccinate - Injection 100mg vial

- 13 Metformin
- Tablet 500mg & 850mg
- 14 Nifedipine
- Slow Release Tablet 20mg
- 15 Salbutamol
 - Respiratory solution 0.5% in 10 ml bottle
 - Tablet 2mg & 4 mg
- 16 Theophylline
 - Slow Release Tablet 125 mg

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