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சுவசிரிபாய
SUWASIRIPAYA

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எனது இல) NCD/29/2021
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திகதி) 9 /04/2022
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All Provincial Directors of Health Services
All Regional Directors of Health Services
All Heads of Decentralized Units
Directors of Teaching Hospitals
All MSs/DMOs/MOICs,
All Heads of Institutions,

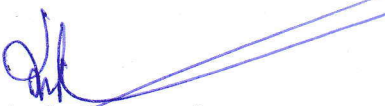
Essential NCD related investigation List (2022) to manage NCDs at Primary Health Care Institutions

The NCD Technical Working Group consisting of relevant representatives from professional colleges updated the National Guidelines for Primary Health Care providers on Diabetes, Hypertension, Cardiovascular Diseases and Dyslipidaemia management based on international guidelines and NCD indicators.

Considering the unavailability of some essential investigations of the updated National Management Guidelines for Primary Health Care providers, based on the recommendations of the Technical Working Group, an essential NCD related investigation list has been prepared by the Directorate of Non-Communicable Diseases.

Please find the Essential NCD related investigation list (2022) attached for your information. You are kindly requested to make necessary arrangements to ensure the availability of such Essential NCD related investigation in all Primary Health Care Institutions.

Please bring the contents of this guideline to the notice of all relevant staff at your institution/district/province.


Dr. Asela Gunawardena
Director General of Health Services

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Director General of Health Services
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Onsite investigations	
1.	FBS
2.	PPBS
3.	OGTT
4.	FBC
5.	Serum Electrolytes
6.	Total cholesterol
7.	Urine Albumin
8.	Urine Microalbumin to Creatinine ratio
9.	Urine for urobilinogen
10.	Urine for reducing substances
11.	Urine for proteins
12.	Urine for ketone bodies
13.	Urine for glucose
14.	Urine for bilirubin
15.	Urine full report or urine dipstick